

INTRODUCTION TO THE JUNIOR DEVELOPMENT PROGRAM

The junior development program is designed to ensure children from the ages of 5 to 12 have fun at the beach while participating in lessons that will pathway them to becoming a lifesaver – what we like to call ‘Serious Fun’.

The specially designed program pathways knowledge and skills learning outcomes through lessons that are tailored to each of the age groups; ensuring the content is relevant, in line with lifesaving and surf sports most up to date training standards and most of all exciting! Each age group has its own individual set of lessons – between 10 and 16 depending on the age group.

The table below outlines the award pathway for a junior member in surf life saving. The junior development program pathways learning towards the Surf Rescue Certificate, which members can begin training towards from the age of 13.

SLSA JUNIOR DEVELOPMENT PROGRAM – AWARD PATHWAY

| AGE GROUP | AGE | AWARD | NUMBER OF LESSONS |
|-----------|-----|-------------------------|-------------------|
| Under 6 | 5 | Nil (Surf Play 1) | 10 |
| Under 7 | 6 | Nil (Surf Play 2) | 12 |
| Under 8 | 7 | Surf Aware 1 | 12 |
| Under 9 | 8 | Surf Aware 2 | 12 |
| Under 10 | 9 | Surf Safe 1 | 13 |
| Under 11 | 10 | Surf Safe 2 | 14 |
| Under 12 | 11 | Surf Smart 1 | 16 |
| Under 13 | 12 | Surf Smart 2 | 16 |
| Under 14 | 13 | Surf Rescue Certificate | |

Other SLSA Awards are available to participants once they reach a certain age such as Resuscitation Certificate (10 yrs) and Basic Emergency Care Certificate (11 yrs).

SLSA JUNIOR DEVELOPMENT RESOURCE KIT

This season will see the introduction of the SLSA Junior Development Resource Kit which comprises a number of resources for the effective delivery of the junior development program to participants.

There are a range of resources for the age manager and participants including:

| | |
|---------------------------|--|
| Age Managers Guide | A comprehensive resource designed to prepare an age manager for their role. |
| Age Guides | A ‘one stop shop’ for an age manager to deliver the requirements for the specific junior age group award, i.e. Surf Aware 1. |
| Recordsheets | To record the participation of participants as they progress through the award. |
| Worksheets | Used to assist with delivering some of the lessons |
| Certificates | Recognition of having participated in all the lessons, therefore gaining the award. |
| Passport | Charts a participant’s progression through each lesson of each award |

The **Junior Development Resource Kit** is now located on the SLSA website in the **secure resources library** to protect SLSA's intellectual property from the public and to create a more efficient means of sharing documents.

To locate these resources go to www.slsa.com.au – find and click on the '**Secure Resource Library**' link in the Quick Links area – this will take you to a secure login page.

To access these resources you will need a **User Account** with a login **username** and **password**. Every club has a generic User Account for use by all members within the club which can be obtained from your club secretary/administrator.

Once in the secure area, click on the following folders to find the resources you require: **Club Resources – Development – Junior Development Resource Kit**.

SLSSA have provided a complete set of the Age Guides, Worksheets and Record sheets in hard copy to each Club for their use in 2008/09.

Certificates for each award recipient will be provided by SLSSA. Please liaise with SLSSA staff to arrange these towards the end of the season for presentation or otherwise when this may be relevant.

Note: Printing

Please view the information on the website regarding printing this resource before doing so.

Note: JDR Updates

Please also check the 'news update' for the latest additions to the Junior Development Resource.

Further information on the Junior Development Resources and Junior Awards can be found:

- within the SLSA Age Managers Guide and the individual Age Guides
- on the SLSA and SLSSA websites

AGE GUIDES



AGE MANAGERS GUIDE, WORKSHEETS, CERTIFICATE, PASSPORT



RECORDSHEET

RECORDSHEET SURF AWARE 1 - UNDER 8

Age Manager: _____ Club: _____

| Date | Participant Name | Prerequisite Competence | | Topics / Lessons | | | | | | | | | | | | | | | |
|------|------------------|-------------------------|--------------------|--|---|--|---|---|---|------------------------------------|--|--|--|---|--|--------------------------------------|--|--|--|
| | | 20m Buoyancy Swim | 1.5m Buoyancy Swim | Introduction to Surf Life Saving* Lesson #1: Introduction to the Club | Personal Safety Lesson #2: Being Safe at the Beach | Rescue Lesson #3: Ocean Environment | Surf Safety* Lesson #4: Being Surf Smart | Surf Conditions and Hazards* Lesson #5: The Surf Break | Surf Safety* Lesson #6: Surfing with Friends | First Aid* Lesson #7: First Aid | Signs and Signals* Lesson #8: Signs and Signals | Rescue Positioning Technique Lesson #9: Surfing Technique | Swimming: Entering the Surf Lesson #10: Entering the Surf | Rescue: Surfing Starts Lesson #11: Rescuing the Surf | Flags: Shores and Waves Lesson #12: Surfing the Beach | Competence: Surfing Competence (SNC) | | | |
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* Confirms the participants on this worksheet have participated in the lessons for which I have accredited them. Signature: _____ Date: _____

* Compulsory

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